14th Asian Congress on Endometriosis 2026

Changing the Narrative

A New Dawn for Endometriosis and Adenomyosis

Workshop 4:
Endometriosis in Adolescents: From Symptoms to Solutions

Pre-Congress Workshops: 23 October 2026 (Friday)

Location: Mount Elizabeth Hospital (Orchard)
3 Mount Elizabeth, Singapore 228510
Level 2, Seminar Room

KEY SPEAKERS:

Prof. Gita Mishra
(Australia)

Prof. Sameena Chowdhury
(Bangladesh)

Dr. Yuval Kaufman
(Israel)

Prof. Angela G. Sison-Aguilar
(Philippines)

Dr. Elena Khashchenko
(Russia)

Dr. Manjulaa Narasimhan
(Switzerland)

ABOUT: Endometriosis often begins in adolescence, yet diagnosis is typically delayed for years. This workshop addresses the unique challenges of early detection and management in young patients—covering non-invasive screening, biomarkers, immune and metabolic dysregulation, Müllerian anomalies, and hormonal management outcomes. Highlights include a WHO-led panel discussion on public health advocacy and policy change.

WHO SHOULD ATTEND: This workshop is designed for paediatric and adolescent gynaecologists, general gynaecologists, paediatricians, reproductive endocrinologists, trainees, and public health advocates—anyone committed to improving early diagnosis and care for adolescents with endometriosis.

PRICE: SGD 100
**Price excludes 9% GST*

TIME:	PROGRAMME:	SPEAKERS:
8.30 - 9.00	Breakfast and Registration	
9.00 - 9.20	Quality of Life in the Adolescent with Endometriosis	Prof. Sameena Chowdhury (Bangladesh)
9.20 - 9.40	Non-Invasive Screening for the Adolescent: Questionnaire	Prof. Gita Mishra (Australia)
9.40 - 10.00	Diagnostic Performance of Biomarkers in the Adolescent	Dr. Yuval Kaufman (Israel)
10.00 - 10.20	Adolescent Endometriosis: Early Immune and Metabolic Dysregulation, Clinical and Imaging Diagnostic Signatures, and Outcomes of 3-Year Hormonal Management	Dr. Elena Khashchenko (Russia)
10.20 - 10.40	Obstructive Mullerian Anomalies and Endometriosis: Differentials, Expectant vs Medical Suppression vs Surgical	Prof. Angela G. Sison-Aguilar (Philippines)
10.40 - 11.10	Panel discussion: Public Health Advocacy for Adolescent Endometriosis (Led by the WHO Representative)	Dr. Manjulaa Narasimhan (Switzerland)
11.10 - 11.20	Closing	
11.20 - 12.00	Lunch	

Find out more: https://ace2026singapore.com

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